



**CONNECTICUT  
CHAPTER**  
CLUB MANAGEMENT  
ASSOCIATION OF AMERICA

# Emotionally Naked® Workplace Wellness

*How to create a workplace culture of wellness  
and stability in a traditionally transient industry*

**Tuesday, May 23rd  
Greenwich Country Club**

*19 Doubling Rd, Greenwich, CT 06830*

**Education • 9:30 am - 11:00 am  
education, lunch & networking**

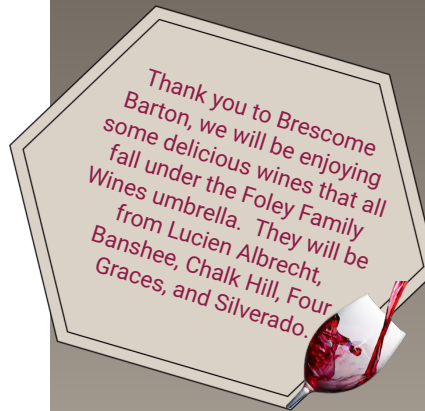
## Schedule

- 8:30 am Registration  
Continental Breakfast
- 9:30 am Education Session
- 11:00 am Business Meeting
- 11:30 am Lunch

24 hour cancellation policy in effect for all

Members: 1.5 education credits & 1 AA credit  
Guests welcome at \$70 pp

Attire: Professional attire

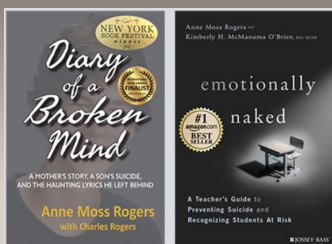


Anne Moss Rogers  
Mental Health Speaker  
Trainer, Author

## DISCUSSION TOPICS

- Small, creative, and doable strategies for big changes in workplace wellness
- How to create a culture of connection so employees don't want to leave
- How to allow others to feel heard and therefore feel valued
- How to create more stability in a traditionally party hard work culture
- Life events that make people more vulnerable to despair

## Books by Anne Moss Rogers



Read more about Anne Moss Rogers  
& Emotionally Naked