

YOU DONT WANT TO MISS THIS!

CMAACT & CT POWER YOGA

MONDAY,
OCTOBER 2 @
4PM

1372 SUMMER ST
STAMFORD, CT



COMPLIMENTARY | LIMITED SPOTS AVAILABLE

@CMAACT

@CTPOWERYOGA

60-minute beginner yoga class with Maggie Barragan.
Learn how to balance your mind, body, and spirit!



CONNECTICUT
power yoga



CONNECTICUT
CHAPTER
CLUB MANAGEMENT
ASSOCIATION OF AMERICA

www.cmaact.org